

A close-up photograph of a person's back being treated with traditional medicine. A hand, adorned with a silver bracelet and a string of white beads, holds a lit candle. Below the hand, three glass jars are placed on the skin. The background is softly blurred, showing a window with light streaming through.

S P A **ALILA**

ALILA VILLAS ULUWATU x DR. LIM XIANG JUN

A MODERN TRADITIONAL
DOCTOR RESIDENCY

MENU OF SERVICES & PRICING

HOLISTIC HEALTH CONSULTATION & COACHING

15-Min Complimentary Consultation – Complimentary

A personal introduction to Dr. Lim's integrative healing approach, designed to guide you toward the most suitable treatments during your stay.

Basic Holistic Health Coaching

A tailored session combining Traditional Chinese Medicine, Bazi Metaphysical Astrology, and holistic lifestyle guidance for deep inner clarity and wellness alignment.

30 min | USD 100 | IDR 1,650

INTEGRATIVE HOLISTIC THERAPIES

Needleless Teishin Acupuncture & EFT Psychological Acupuncture

A gentle yet powerful treatment using non-invasive acupuncture tools and Emotional Freedom Techniques to support pain relief, emotional balance, and inner calm. Ideal for easing jet lag, stress, sleep issues, and energetic stagnation.

15 min | USD 88 | IDR 1,452

30 min | USD 138 | IDR 2,277

60 min | USD 188 | IDR 3,102

Fire Cupping | Moxibustion | Acupressure Massage | Chi Nei Tsang (Abdominal Detox Massage)

These time-honoured therapies stimulate energy flow, release deep-seated tension, and support the body's natural detoxification and digestive systems. Each technique is thoughtfully curated to restore harmony within the body.

15 min | USD 88 | IDR 1,452

30 min | USD 138 | IDR 2,277

60 min | USD 188 | IDR 3,102

Add-On Enhancements

(Available within existing sessions as advised by Dr Lim)

Cupping · Moxibustion · Electrotherapy · Herbal Infusion · Ear Seeding · Herbal Stone · Reiki · Sound Healing · Mantra Healing · Chi Nei Tsang · Acupressure

Enhance your session with a range of bespoke energy and body therapies, including Reiki, sound healing, herbal infusions, and acupressure. Selected by Dr. Lim to complement your core treatment for a fully integrative experience.

+USD 88 each

Standalone Add-Ons

30 min | USD 138 | IDR 2,277

Enjoy any enhancement as an individual therapy to deepen your healing journey and restore balance on a sensory, physical, and energetic level.

FACIAL AESTHETIC TREATMENTS

Facial Dien Chan Needleless Acupuncture | Facial Guasha | Facial Reflexology Acupressure

Elevate your natural radiance through refined facial therapies that stimulate circulation, sculpt facial contours, and promote graceful aging. Each ritual is rooted in Traditional Oriental Aesthetics for holistic beauty from within.

15 min | USD 88 | IDR 1,452

30 min | USD 138 | IDR 2,277

60 min | USD 188 | IDR 3,102

ENERGY & BODYWORK THERAPIES

Hip Balancing Therapy (Postural Correction)

Restore alignment and release deep muscular imbalances through targeted postural correction for enhanced mobility and ease.

30 min | USD 138 | IDR 2,277

Holistic Therapies

Immerse in energy healing rituals such as Reiki, Qigong, Tibetan Mantra, or Sound Healing—each designed to calm the nervous system and reconnect you with your inner essence. Choose from a curated menu of movement, breathwork, and tension release therapies guided by Dr. Lim's intuitive approach. Choose from:

- Yoga Therapy
- Meditation & Breathwork
- Qigong Therapy
- Reiki Energy Healing
- Tibetan Mantra Healing
- Sound Healing
- Tension Release & Trauma Healing

60 min | USD 188 | IDR 3,102

SERVICE TIMING & BOOKING

Location: Spa Alila – Alila Villas Uluwatu

Availability: 19-26 August 2025, by reservation in advance

Book your session via Spa Alila WhatsApp +62 8113858575

Email inquiries: uluwatuspa@alilahotels.com

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